

Trichology Information and Price List

Your Trichology Appointment

Understanding your hair and scalp, with individual advice and a clear plan for the next steps.

Specialist support for hair and scalp concerns.

Trichology is the study of hair and scalp health. A consultation considers your symptoms alongside your health, medication, diet, lifestyle and hair care.

Your consultant is Teresa Wood PhD RIT, Consultant Trichologist.

When can we help?

Book an assessment for increased shedding, thinning or patchy hair loss; changes to your hairline; hair breakage; or an itchy, flaky or uncomfortable scalp. We assess concerns including pattern hair loss, telogen effluvium, alopecia areata, traction-related loss, and scalp conditions such as dandruff, seborrhoeic dermatitis and psoriasis. Suspected scarring hair loss may need specialist medical investigation.

What happens during the consultation?

1. Your history. We discuss when the problem began, changes over time, family history, illnesses, medication, hormones, nutrition and previous treatments.
2. Hair and scalp examination. Your hair and scalp are examined. Magnified scalp examination (trichoscopy) and hair microscopy may be used where appropriate. Any clinical photographs are discussed with you first.
3. Findings and next steps. We explain the likely cause, any uncertainty and suitable options. These may include scalp care, changes to your hair routine, treatment, monitoring, or referral for further investigation.

CONSULTATION FEES

INITIAL CONSULTATION	1 hour	£150
FOLLOW UP CONSULTATION	30 minutes	£75

Fees include VAT.

Please confirm current fees and any separate treatment, product or investigation costs when booking.

Hairdressing is additional.

Before and After Your Visit

A little preparation helps us understand your concerns and make the most of your consultation.

What to bring

- A list of all medicines, supplements and scalp products you use, including doses.
- Recent blood results, relevant medical letters and details of previous treatments, if available.
- A brief timeline of your symptoms and any earlier photographs showing changes.
- Your GP details and the questions you would like to discuss.

Preparing your hair and scalp

Ask the clinic when booking whether you need to alter your usual washing routine. Avoid heavy styling products, scalp concealers or hair fibres on the day where possible. Tell us if you wear a wig, hair system, extensions or mesh integration so we can plan access to your scalp. Continue prescribed medication unless your prescriber advises otherwise.

Your plan and follow-up

Advice and treatment depend on the findings; there is no single treatment for every type of hair loss. Blood tests or a dermatology opinion may be recommended where appropriate. Your GP or specialist decides which investigations and prescription treatments are suitable. Follow-up appointments review your symptoms, results and response, and allow your plan to be adjusted. Hair changes take time and results vary.

Booking and practical arrangements

Consultations and treatments are by appointment only. Please tell us about any access, communication, sensory or privacy needs when booking. If you need to change or cancel, contact the clinic as early as possible and check the cancellation terms provided with your booking.

BOOK YOUR APPOINTMENT

TELEPHONE	01752 480030
EMAIL	info@chameleonshairandscalp.com
WEBSITE	www.chameleonshairandscalp.com

A trichology consultation does not replace medical care.

Seek prompt medical advice for severe or rapidly worsening scalp symptoms or if you feel unwell.